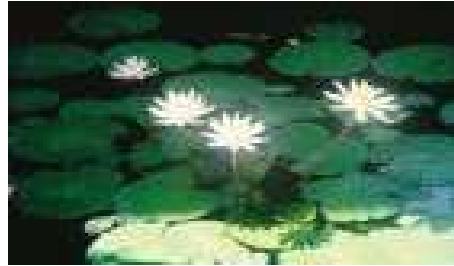


Psychology and Meditation Laboratory

Pathways to self-awareness



Assertiveness in Social Relationships



Cassano delle Murge (Bari -Italy)

24th and 25th June 2006

Dr. Marianna Naimo (Psychologist Psychotherapist)

Two experiential intensive days aimed to improve your communication style and awareness of

Non Verbal Skills (Eye Contact, Mimics, Voice, Gestures, Timing)

Verbal Skills (Listening, Conversation and Self-Defensive Skills)

These activities will be integrated by active meditations and relaxation sessions in the countryside of Cassano delle Murge (Bari -Italy)

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